

May 1st, 2020



TELEHEALTH APPOINTMENTS MADE EASY FOR YOU!

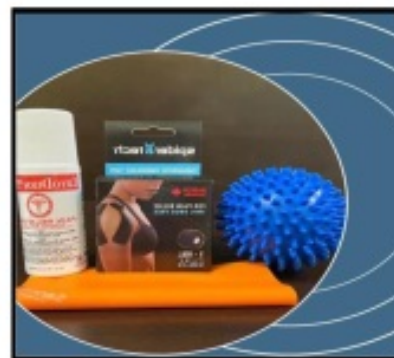
As our clinic continues to use TeleHealth appointments, we want to make the booking process as easy as possible for you. Here is a break down step by step how you can book yourself in for a TeleHealth appointment with one of our physiotherapists.

1. Contact us to set up a good appointment time. You can call us at **905-315-9955**, text us **647-559-1935**, or email us at nopain@physiomaxwellness.ca
2. You will receive a notification inviting you to your online appointment, including the date and time.
3. Follow the instructions from the email. You may need to create an account to have full access to the website.
4. Go to the website at the time of your appointment and the physiotherapist will start the video call. You may have to download the Zoom app for your appointment, or just select the browser option.
5. Each meeting lasts 30 minutes in which the physiotherapist will assess your injury or condition, give you techniques and treatment options, and answer any questions you may have. In order to optimize your session time, please make sure your microphone and camera are working correctly before your appointment.

Not sure if this is the right service for you? You can book a **FREE 15-20min** consultation with one of physiotherapists to see if you can benefit from these sessions and how they work exactly!

Please call **905-315-9955**, text **647-559-1935**, or email nopain@physiomaxwellness.ca for more information.

Products to help you stay healthy at home!



We are still selling our regular health products to help you keep fit at home!

FREE delivery is available for patients that reside in the Burlington/Oakville